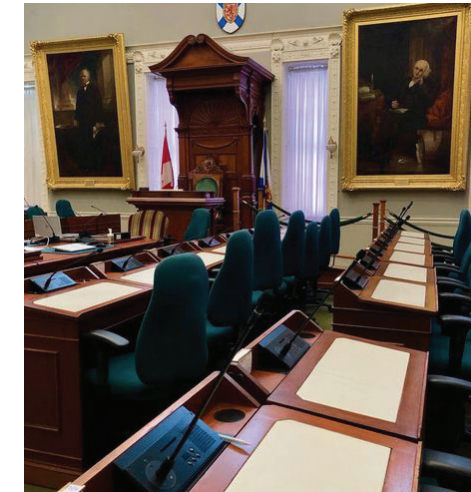


# Your MLA at Work

## Photo Gallery and Important Numbers

Constituency Office: 250 Baker Drive, Suite 241  
 Dartmouth, NS B2W 6L4  
 Phone: (902) 701-2245  
 Email: [info@loreleinicollmla.ca](mailto:info@loreleinicollmla.ca)  
 Web: [loreleinicollmla.ca](http://loreleinicollmla.ca)  
 Facebook: [loreleinicoll](https://www.facebook.com/loreleinicoll)  
 Instagram: [loreleinicoll](https://www.instagram.com/loreleinicoll)



### In case of emergency call 911

#### Nova Scotia Government Services

Community and Government Services Directory .....	211
Nova Scotia Road Conditions .....	511
Health Information and Services .....	811
Halifax Regional Centre for Education .....	902-464-2000
Seniors' Pharmacare .....	902-429-6565
Nova Scotia Public Works .....	1-844-696-7737

#### Halifax Regional Municipal Services

Councillor Becky Kent – District 3 .....	902-478-5368
Councillor Trish Purdy - District 4 .....	902-240-3067
HRM Call Centre .....	311
Halifax Regional Police (Non-emergency).....	902-490-5020
Halifax Water.....	902-420-9287
Cole Harbour Fire (Station 17) .....	902-435-8038

#### Community Resources

Woodlawn Library .....	902-490-2636
Caregivers Nova Scotia .....	902-421-7390
Cole Harbour Place .....	902-464-5100
Cole Harbour Outdoor Pool & Tennis .....	902-490-5458 ext 4
YMCA NS Works Employment Centre .....	902-462-6871
IWK Regional Poison Centre .....	1-800-565-8161
Nova Scotia Power Outage Line.....	1-877-428-6004

#### Help Lines

Addictions: alcohol, drugs, gambling, tobacco.....	902-424-8866
Domestic Violence Crisis Line .....	902-422-7650
Kid's Helpline .....	1-800-668-6868
Mental Health Crisis Line.....	1-888-429-8167

## Your Opinion Matters

Help me take your voice to the legislature, complete my **Constituency Survey** online.



**Lorelei Nicoll**  
 MLA for Cole Harbour–Dartmouth



# Provincial Updates



## Private Members' Bill: Ruby's Law

As mentioned in my letter, change is what motivated me to run for election as your MLA, and one never really knows what we can accomplish if we simply put one foot forward towards change.

For me, this life lesson truly played out in the three sittings of the NS Legislature of 2022. As some may know, my family was devastated by the sudden loss of our granddaughter, Ruby, to stillbirth at 32 weeks in November of 2020.

This experience of immense loss weighed heavily on my mind when I was asked to put my name forward for election in 2021. With the blessing of my daughter and family, I put my best foot forward not knowing where I would land but knowing if I was successful, it

must be for a reason.

In the first sitting of the NS Legislature in the Fall of 2021, as a new MLA, I introduced a Private Member's Bill to improve bereavement leave for those who have suffered infant loss. And in the Spring sitting of 2022, the Minister of Labour, Skills & Immigration introduced and tabled my Private Member's Bill, with subsequent unanimous final assent in the Fall sitting.

I am grateful to all MLA's in the NS Legislature for their support of Ruby's Law, as it will become known. This gives us all hope that change can happen especially when it impacts so many.

My family's experience will help those Nova Scotians who will sadly find themselves experiencing infant loss and needing proper time to grieve, for which the NS Labour Code now recognizes.

According to the bill, the change comes into effect on or after January 1, 2023.

To know I have helped some in my role as a NS MLA, gives me hope for the future.



## Members' Statements

Do you know of someone in Cole Harbour-Dartmouth that goes the extra mile? A neighbour who deserves recognition? Someone who contributes time and energy to our community? Someone or a group who makes a difference?

I would like to acknowledge our community heroes in the Nova Scotia Legislature. Each day when the Nova Scotia Legislature is in session, spring and fall, MLAs deliver and read Members' Statements about the remarkable people, events, and organizations in their constituencies.

Each statement is read aloud in the Legislature and recorded in Hansard (Hansard is the verbatim transcript of what is said in the House of Assembly and in committees). These statements are often celebrated and presented in-person to the deserving person(s).

My office would love to hear your suggestions for deserving community members. I would be pleased to read and present Members' Statements about as many of the amazing folks

here in Cole Harbour-Dartmouth as possible.

I also love to celebrate special anniversary and birthday milestones, and I would be pleased to present certificates to commemorate these special dates.

We know there are good news stories out there in Cole Harbour-Dartmouth; let's share them!

## Important Program and Service Updates

- Applications now open for grants up to \$500 to help seniors live well at home; an additional \$250 is also available to help with heating costs.
- More residents now qualify for \$1000 in expanded home heating help, applications are now open.
- If you do not have a family doctor and you are on the Need a Family Practice Registry, you can now access Virtual Care online and by phone.



Photography by Kinnon & Gabrielle Photo

## Queen Elizabeth II's Platinum Jubilee Medal Ceremony

On December 12, 2022, at Nova Scotia Province House, I was privileged to honour the service and dedication of Her Late Majesty Queen Elizabeth II and recognize exceptional Nova Scotians from Cole Harbour-Dartmouth who have undertaken works that emulate the example of our late Queen. Tribute was paid to those who have given their time and talents in service to our community, our province, and our country.

Nova Scotia's Platinum Jubilee Medal commemorates the 70th anniversary of Her Majesty Queen Elizabeth II's accession to the Throne as Queen of Canada and serves as a tribute to her life of service. This extraordinary achievement made her our longest-reigning and longest-lived monarch in

modern history. Prior to her death, at the beginning of the Platinum Jubilee Year, Her Late Majesty expressed a wish that Jubilee events be an occasion for enjoying a sense of togetherness and optimism about the future.

Our medal recipients lead rather than wait to be led. They tackle challenges head-on. They see problems as opportunities instead of obstacles. These special folks represent the quality of families, neighbours, and friends that live in our neighbourhood of Cole Harbour-Dartmouth. Congratulations to all who received this special honour.



Major Kevin Stone, CD Military (accepted by Melody Stone)

## Queen Elizabeth II's Platinum Jubilee Medals (Nova Scotia) Cole Harbour—Dartmouth Recipients



Vishal Bhardwaj Volunteer Services



Allan Carrington Volunteer Services



Steven Dunn Sport (accepted by Linda Dunn)



Murray Elliott Volunteer Services



Jarvis Googoo Public Service



Samantha Graham Public Service



Jeremy Hodder Military



Luke MacDonald Health Care



Shirley Morash Volunteer Service



Paul O'Boyle, CD Veterans



Meagan Smith Covid/Pandemic Champion



Beatrice Wilkins Volunteer Services

## A Note from Lorelei



Dear Residents,

As I look back on the year that was 2022, I am left with a feeling of unfinished work. Especially as 'experts' forecast all the pressures of 2022 will remain with us throughout 2023.

Affordability, climate change and caring for our seniors have always been and will continue to be top of mind. In this newsletter you will find Information on programs that may assist some constituents with Home Heating help, Seniors Care Grants, and Virtual Care Nova Scotia.

Change is what motivated me to run for election as your MLA, and one never really knows what you can accomplish if we simply put one foot in front of the other toward change. In this regard you will find an update on the passage of 'Ruby's Law', my private member's bill to enshrine bereavement leave for those who have suffered infant loss into law. As well, this past December it was my privilege to present 13 Cole Harbour-Dartmouth community change makers with the Queen's Platinum Jubilee medal.

Please know that I am always available to meet, listen, and advocate for change. I encourage you to take a moment to complete my Constituency Survey by visiting my website or scanning the code on the cover of this newsletter. Your feedback can help affect change.

May hope and kindness find you in 2023.

Sincerely,

Lorelei

Subscribe to my E-news  
[loreleinicollmla.ca/#subscribe](https://loreleinicollmla.ca/#subscribe)

